

## Fat People Have

## Preverted Taste

Proof That Arholene Removes Craving for Wrong Foods.

Himself and Eliminates Fatty Tissues Harmlessly.

Any Anti-Fat treatment that fails to correct the preverted appetite and craving for the very foods which make fat is certain to fail of permanent results. Mark that fact well! Fat-craving tablets Arholene remove the craving for undesirable fatty foods, restore natural appetite and digestion, while it dissolves fatty accumulations in the body and eliminates slowly but surely without weakening or other evil effects.

Miss L. Holly, Imperial, Calif., writes: "I had tried to have taken your Arholene Tablets for obesity and in seven months reduced from 205 pounds to 132 pounds. I cannot say enough for them, and anybody who is fat should take them. My health is better than ever."

Tablets Arholene enter the largest cavity of any obesity medicine, and they dissolve it. Sold by all well stocked druggists in sealed tubes with full directions—adv.

Public Health Column  
HEALTH AND  
HOME HYGIENE

By HARRIET FARMER, R. N.

Public Health Nurses' News from the District of Columbia, D. C. County. Miss Margaret Brown, R. N., recently with the Rural Nursing Service of Cook County, has resigned from the West Hammond section to take a position in the Teaching Center of the American Red Cross. Miss Brown is well prepared for teaching service.

Miss Fred Gilliland has resigned from the Public Health Nursing Service in Detroit.

Miss Lois Lane, formerly of the Tuberculosis Department of the Board of Health, New York City, has accepted the position of West County Nurse, with affiliations with the Nursing Service at Joliet.

Miss Anna Dwyer, formerly of the Visiting Nurse Association of Chicago, has also joined the Joliet service.

Service to public schools by Cook County Public Health Nurses during March, 1929.

Homewood, Thornton Township. Homewood has just finished a very interesting physical inspection of the school children. The work was done by Miss Boyd, R. N., of the Cook County Public Health Department. The teachers and parents have been most cooperative. The following findings were disclosed: Number of pupils examined: 215; following defects found:

Aged People  
Suffer

And Weaken Their Vitality by Constipation, Liver, Kidney and Other Irregularities. Sulpharb Tablets, Mild, Efficient, Painless, Give Wide Popularity in Recent Years.

A "young" woman, twenty-seven years old, writes: "I am taking Sulpharb Tablets, and I think they are a splendid remedy for constipation. I am twenty-seven years old and have tried many remedies but have found none as effective as this. I am recommending them to all my friends suffering from the effects of constipation. They are not only laxative, but a fine tonic also. I feel much better and stronger since I began to take them. Sincerely and gratefully yours,"

(Mrs.) Ellen A. Bennick, Cambridge, Mass. Sulpharb Tablets (not sulphur tablets) are composed of sulphur, cream of tartar and the fine extracts of roots and herbs, and are specially suited for children or adults to overcome the ill that follow a dormant liver, constipated bowels and inactive kidneys. Headaches, backaches, dizzy spells, pimples, rash, boils, nervousness, all follow the train of irregular elimination of impurities. A week's treatment will please and gratify the most skeptical. Sold by leading druggists everywhere at 50c per tube—adv.

Keane's School for  
Dancing  
ORPHEUM HALL  
152 STATE ST., HAMMOND.  
PHONE 3328.

Select Dancing Assemblies Every Thursday Evening.

Classes for Beginners Every Monday Evening.

This is the place you'll find good clean music and dancing. No suggestive dancing allowed in this hall.

PRIVATE LESSONS FROM 9 A. M. TO 10 P. M.

High School Classes Every Friday Evening.

## FOOT TROUBLES!



FUTOL brings instant relief to all FOOT TROUBLES. Guaranteed and recommended at any drug store.

## EYES

Scientifically Examined Glasses Fitted. Satisfaction Guaranteed.



Hammond Optical Parlor

161 E. State St. Hammond, Ind.

FORMER GOVERNOR  
GOES TO SENATE

Senator B. R. Comer.

B. R. Comer, former governor of Alabama, has been sworn in as United States senator to serve until the election of a successor to the late Senator John H. Bankhead. Senator Comer was appointed by Governor Kilby of Alabama.

teeth, 12; tonsils, 11; defective breathing, 42; under weight, 82; skin, 11; defective vision, 31; defective ears, 10. Many corrections have already been made. New scales have been installed in the month and much interest is being taken by the children in watching the progress in watching. Modern Health Crusaders are in this school. At a public meeting of the mothers



## A SURE CURE

"When a widower begins to wonder whether she will think he is too old for her he ceases to complain about his lumbago."

But the man who gets up in the morning all out of sorts—with lame back, stiff limbs, a dull "achy" head, better look out for himself—maybe his kidneys are to blame.

Swollen hands, ankles, feet are due to a dropsical condition, often caused by disordered kidneys. Naturally when the kidneys are deranged the blood is filled with poisonous waste matter, which settles in the feet, ankles and wrists; or under the eyes in bag-like formations.

As a remedy for those easily recognized symptoms of inflammation caused by uric acid—as scalding urine, backache and frequent urination, as well as sediment in the urine, or if uric acid in the blood has caused rheumatism, lumbago, sciatica, gout, it is simply wonderful how quickly Anuric acts; the pains and stiffness rapidly disappear, for Anuric (anti-uric-acid) is many times more potent than lithia and often eliminates uric acid as hot water melts sugar.

Anuric is a recent scientific discovery by Doctor Pierce of the Invalids' Hotel in Buffalo, N. Y. Send ten cents there for a trial package of Anuric.

## HEAL SKIN DISEASES

Apply Zemo, Clean, Penetrating, Antiseptic Liquid

It is unnecessary for you to suffer with eczema, blotches, ringworm, rashes and similar skin troubles. Zemo, obtained at any drug store for 35c, or \$1.00 for extra large bottle, and promptly applied will usually give instant relief from itching torture. It cleanses and soothes the skin and heals quickly and effectively most skin diseases.

Zemo is a wonderful, penetrating, disappearing liquid and is soothing to the most delicate skin. It is not greasy, is easily applied and costs little. Get it today and save all further distress. The E. W. Ross Co., Cleveland, O.

and pupils of the Homewood school on Thursday, March 28th, Herbert Siegel, 7 years old, of the third grade, gave the story of the "Pig Brother," which was greatly appreciated by his little comrades. Miss Fulmer, Supervisor of the Rural Nursing Service, spoke to the mothers.

Dolton, Thornton Township. At the Lincoln Avenue School 43 pupils were examined, and 10 found with conditions needing attention. Mrs. Rose Armstrong, R. N., is in charge. The Modern Health Crusaders are in this school.

Brookfield, Providence Township. Ada Crawford, R. N., has made a painstaking and detailed examination of 287 children in Brookfield schools. She reports excellent cooperation from parents and teachers. Since the last physical examination 34 corrections have been made. The following are the findings: Dental defects, 260; enlarged thyroid, 16; poor nutrition, 22; enlarged glands, 44; defective vision, 28; defective hearing, 13; diseases of

eye, 9; nervous, 8; enlarged tonsils, 66; nasal breathing, 16. New scales have been installed here. Modern Health Crusaders are helping the health problems here.

Franklin Park, Leyden Township. Josephine Tackler, R. N., reports a very interesting examination of 185 pupils in the Franklin Park schools. Sixty-seven corrections have been made since the last examination. Some of the defects found are: Defective vision, 18; teeth, 111; tonsils, 82; nasal breathing, 68; enlarged glands, 16. Modern Health Crusaders help in this school greatly. The parents and teachers co-operate.

Park Ridge, Maline Township. Mabel Walker Roy, R. N., is in

charge of Division 111 of Cook County, and has just finished an interesting health survey of the children in the Prospect Avenue School, Park Ridge. She submits the following interesting report: Number of children examined, 530. The defects were: Teeth, 124; thyroid, 31; tonsils, 62; hearing, 6; nasal breathing, 190; glands, 40; speech, 1. The total number of corrections made are 145. Weights: Normal, 107; over weight, 23; borderline, 3 to 8 per cent; below normal, 7 per cent below 47; 10 per cent below 42.

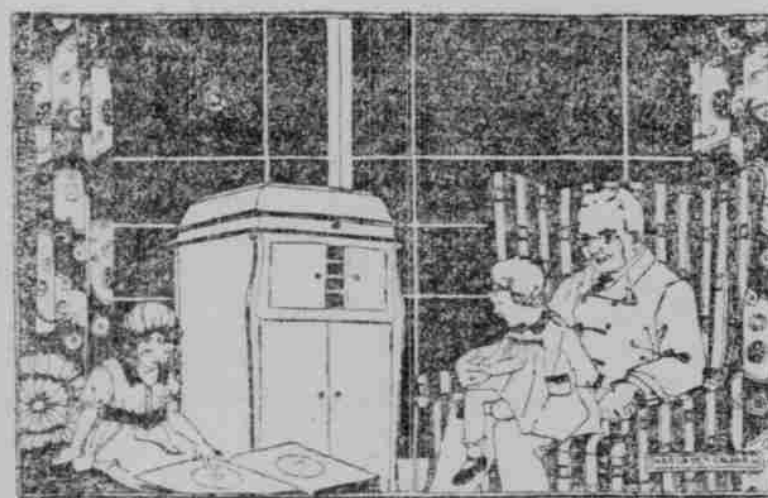
Better call up The Times and effort can furnish constant effort.

'Long About  
Bedtime

the kiddies ask for  
their Victrola  
story hour

## Victrola

ENTHUSIASTS grow in numbers daily. With the Victrola every member of the family has the whole rich world of music at his command. And each listener finds his individual preference supremely met.

Straube Piano and  
Music Co.Flu Leaves the System  
Shattered and TornHelp is Needed to Re-  
store the Wasted  
Strength and  
Energy

If you have been a victim of the flu, even though you were fortunate enough to escape the fatal effects that the disease so often leaves in its wake, you need not be told of the damage to the human system which this terrible disease causes.

The human system, after a severe attack of the flu, can be likened to a battlefield, with its scarred and mutilated evidences of wreck and destruction.

For the human body has indeed been through a severe conflict, a siege that will tax and test the last ounce of strength and endurance. Even after complete recovery, the task of repairing the damage and restoring the lost vitality is a slow and oftentimes discouraging one, for it seems that you will just never be entirely free from the fatigue and depression that follows as an after-effect of the flu.

Your whole body seems out of gear, for the damaging effects of the flu seem to permeate the entire system, leaving you weak and sore, your nerves all unstrung, the appetite far below normal, the stomach upset, and the entire vitality at a low ebb.

Then, too, there is always danger of a recurring attack, as well as the increasing liability to succumb to almost any ordinary illness while you are in such a weakened condition. Not until your full strength and vitality have been restored can you consider yourself entirely out of danger, for your disease-resistance should at all times be kept up to the highest mark.

The damage that has been done to your system by this disease must be repaired, and new tissue must

be built to supply the waste that has taken place. Nature is a great healer, but before she can do her work thoroughly such obstacles as are in the way must be removed so that the full effect of her functions can be obtained. First of all the blood, which has been impoverished and weakened, must be built up to a healthy and robust condition, so that an abundant supply of this rich, red life-giving fluid can be sent coursing through the veins to revitalize the system.

You can readily see, therefore, the importance of giving nature all possible assistance in restoring your system and repairing the damage which flu has wrought. If you wish to gain your lost strength and once again enjoy the robust vitality of perfect health, first of all rebuild the blood supply and thus give nature the aid that she so badly needs.

S. S. S. is the one remedy that is so useful in repairing the damage done by the flu, because it promptly enriches the blood supply and fills the veins with new life and vitality, which in turn rebuild the waste tissue throughout the system. You should begin at once to take S. S. S., which will do so much in putting the system back into a vigorous, healthy condition.

The blood at the source of life, and upon its condition depends the condition of the whole body. There can be no robust vitality unless the blood supply is abundant and healthy.

You should remember, too, that avoiding disease is largely a matter of keeping the system in good condition, so that those who keep their blood supply pure and strong and vigorous are much less liable to attack. A few bottles of S. S. S. will be worth many times its cost as a precaution against disease.

Those who take S. S. S. can get any desired medical advice without cost by writing to Chief Medical Adviser, 180 Swift Laboratory, Atlanta, Ga.

## Advertise in The Times

## Clip the Coupon

45c Bleached Muslin, With Coupon, 10 Yards for \$3.20. Special for Thursday, April 8th, 1929—36-inch Bleached Muslin, very fine soft finish and the best quality cotton; worth regular 45c yard. Bring the coupon and you can buy 10 yards for \$3.20. 10 yards the limit.

THIS COUPON and \$3.20 will entitle you to 10 yards of muslin worth \$4.50. Good only on Thursday—Double Stamp Day.

The Store of Quality and Service  
**C.R. CAVE**  
GENERAL MERCHANDISE  
3049-59 E. 92nd Street South Chicago

## Clip the Coupon

39c Heavy Crash, With Coupon, 23c Yard. Offered for Thursday—Double Stamp Day—17-inch Heavy Crash Toweling, blue border; very soft and absorbent; worth regular 39c yard. Offered with coupon, 23c yard.

THIS COUPON will entitle you to Crash Toweling worth 39c yard. Offered Thursday—Double Stamp Day—at 23c.

## Come to So. Chicago—It Will Pay You

## Furniture on Easy Payments

## New Arrivals—Spring Waists

## Voile Waists \$1.69

Very attractively made are these Voile Waists with a front of embroidered organdy. Fine Pin Tucks add to their attractiveness; sailor collars edged with filet lace; sizes 38 to 44. Very special \$1.69.

French Voile Waists  
\$6.50

These waists are made of the finest French Voile in the new three-quarter sleeves; fine pin tucks and filet lace used for trimming; large sailor collar; sizes 38 to 44. Special at \$6.50.

Extra Sizes in Voile  
Waists \$2.95 to \$3.95

A large showing of fine Voile Waists for the stout figure. Made of plain or striped materials; large or small collars trimmed very attractive with venetian or val lace and pin tucks. Sizes 46 to 52. Our After-Easter prices \$2.95 to \$3.95.

## Smart Georgette Blouses \$8.50 to \$18.50

Very beautiful creations are displayed in our After-Easter showing of Georgette Blouses. Very elaborately designed with contrasting shades of embroidery and beads. Long and short sleeves. All the spring shades and colors are here. Just as pretty a line of blouses you would see most anywhere. Regular and extra sizes. Prices reasonable—\$8.50 to \$18.50.

Silk Poplin Skirts  
\$10.95

These are wool poplin and silk—good styles—gracefully falling plaits at back; yoke effect belts, pockets; navy and black; sizes 31 to 39 waist. Special \$10.95.

Fan-ti-sa and  
Kum-se-sa Dress  
Skirts  
\$27.50 to \$32.50

You will find nothing more beautiful or attractive in the State St. stores than these. Made of the finest fabric silks and bewitchingly designed with plaits; plain with fancy pockets and belts. Grey, white, pink; combinations of blue and black. Our After-Easter prices are very reasonable—\$27.50 to \$32.50.

## Popular Slip-Over Sweaters

Shawl Collar  
Style-special-\$4.50

New shawl designs in fancy knit. Very elastic and comfortable. Open blue, American beauty and turquoise blue; sizes 38 to 44. Special After-Easter price \$4.50.

Wool Plaid Sport  
Skirts  
\$9.75 to \$17.50

These charming skirts are very practical and are unequaled as sport skirts. There are large plaids and small checks, plaits or plain styles. Fancy pockets and belts. Large range of sizes. Prices from \$9.75 to \$17.50.

Navy Wool Serge  
Skirts \$13.95

Attractively fashioned in navy blue wool serge; pleasing effect is worked out by the use of inch wide braid and buttons. Shurred at waist line; fancy braid trimmed belt; sizes 25 to 30 waist. After-Easter price \$13.95.

Hand Crochet Wool  
\$10.95 to \$14.50

Attractive and firmly crocheted. Full peplum and large flare sleeves. Also slip-over styles with hand crocheted lace peplum bottom. Shawl collar. Very suitable for this time of the season. Open, American beauty, black, tan. After-Easter price \$10.95 to \$14.50.

Dainty Silk Underwear  
at Prices Which are Very Low

These Silk Undergarments are very attractive and made of the best quality silk.

Crepe-de-Chine  
and Satin Envelope  
Chemise  
\$5.00 to \$8.50

Very daintily trimmed with combination cream or ecru filet lace and embroidery. Designed with medallions of self material and lace. Exceptional quality silk used. Wonderful values, \$5 to \$8.50.

Crepe-de-Chine  
and Washable  
Satin Bloomers  
\$4.50

Crepe de Chine Bloomers, finished at the knee with hemstitching and elastic band. Washable satin plain straight hemstitched cuff at knee. Prices are \$4.50.

Crepe de Chine and Crepe Silk  
Gowns \$5.95 to \$10.95

Square and V neck styles. Trimming of fine tucks and filet lace. Others made with plain hemstitching and yoke effect.

Beautiful Silk  
Camisoles  
\$2.50 to \$4.50

A large showing of plain pink, maize and white; also beautiful assortment of combination colors such as pink with lavender, maize with blue and navy and black. Fine laces used very lavishly as trimming. You must see these to appreciate them.

## THE STORE OF QUALITY AND SERVICE